



## What makes the Bible Holy? – Part III

Today's Bible Focus Texts (Deuteronomy 23: 12, 13 & Others...)

**Are Biblical health principles proved by twenty-first century findings? What do these texts suggest regarding health?**

The Bible provision of Moses' day that body waste should be buried was 3,500 years ahead of its time and saved countless thousands of Jewish lives. Major problems still arise when sanitation is not properly handled as we discussed in last week's message.

1 Corinthians 10:8 says, "Neither let us commit fornication." The word "fornication" denotes all kinds of immoral sexual conduct, covered in detail in the book of Deuteronomy. There would be no AIDS epidemic, nor other venereal diseases, if this up-to-date Bible counsel were obeyed. Nor would abortion be the international scandal that it is now.

Please read Proverbs 23:29-32 to see that the Bible writer understood the effects of alcohol. It is not written by someone without empathy. God is present for and feels every pain we feel. If this extremely effective Bible solution were implemented, just think what it would mean:

1. Millions of alcoholics could become sober, respectable, and highly functioning citizens.
2. Millions of families reunited.
3. Millions of broken homes mended.
4. Every reformed alcoholic's health would improve.
5. Multiplied thousands of lives saved by sober driving.
6. Millions of violent acts, crimes and other atrocities avoided because of being sober.
7. Thousands of government, business, and professional leaders making clear-minded decisions.
8. Billions of dollars available for humanitarian use.

Note: God not only tells us how to succeed with joy amid today's harrowing problems, but he also gives us the miraculous power to do it (1 Corinthians 15:57; Philippians 4:13; Romans 1:16). These truths can be hard to accept, but if put into practice, that is when we are able to bear witness to miracles.

Bible health principles are relevant and desperately needed, but few are listening. God knows it is not always about listening, we struggle to keep our weight in check, or to not buckle under the weight of any temptation that we know down deep inside is not best for us. But what we need to know, is it will always be a struggle as long as we are fighting with only our own power.

Pray, ask others to pray for you, read what the Bible says on a topic, and look for your escape from temptations.

We are told in 1 Corinthians 10:13, "There is no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it."

There will be more to come on Biblical health principles to come in later studies.

We hope you enjoyed today's Bible study/Devotional. If you would like to leave a comment, find more resources, or have us send this to someone you know, please visit us here:

[www.3am-ministry.org](http://www.3am-ministry.org)

Have a blessed and prosperous day!

The 3 Angels Message Ministry team